

Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/07/2025																
PRESCHOOL	Total	1000														
CHICKEN PATTY, WG/HMSTL B UN2015	1 EACH	900	334	33	648	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	2.00	0.00
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	900	63	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5	0.21	0.06	*0.00
APPLESAUCE, UNSWEETNED PS	serving	900	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
CATSUP	1 oz	900	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			518	43	1105	9.38	4.75	430.6	723	82.52	*26	31.74	74.44	11.50	3.20	*0.00
% of Calories											*20.4%	24.5%	57.4%	20.0%	5.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 01/08/2025																
PRESCHOOL	Total	1000														
Chicken, Teriyaki, Yangs '22	1000	115	70	330	0.00	0.72	0.0	0.0	30	0.0	6	15.0	6.0	3.5	1.00	0.00
RICE, ORIENTAL	1/4 CUP	1000	83	0	145	0.24	0.79	7.1	1	0.28	*0	1.39	14.66	2.0	0.19	*0.00
SALAD 3/WAY, '23	1 cup	1000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
GRAPES, Fresh	Serv. (1/2 Cup)	1000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			467	92	774	1.32	2.09	392.6	2891	10.24	*37	27.22	56.53	15.97	4.08	*0.00
% of Calories											*31.9%	23.3%	48.4%	30.8%	7.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 01/09/2025																
PRESCHOOL	Total	720														
Pozole, Green Chicken 2022	14 oz	720	159	44	949	1.41	0.95	92.2	96	9.98	*3	12.0	17.36	4.15	1.77	*0.00
TORTILLA CHIPS-'24	SERVING.	720	280	0	300	3.00	0.40	33.3	4	0.0	1	2.67	30.67	16.0	2.27	0.00
CABBAGE, SHREDDED	Serving	2880	9	0	6	0.88	0.16	14.0	34	12.81	1	0.45	2.03	0.04	0.01	0.00
FRUIT MIX, Extra Light Sy PS	serving	2880	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			754	59	1434	9.92	2.01	531.5	1137	63.62	*52	25.46	106.14	22.79	5.58	*0.00
% of Calories											*27.5%	13.5%	56.3%	27.2%	6.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 01/10/2025																
PRESCHOOL																
	Total															
MACARONI AND CHEESE '22	1/2 CUP	720	304	45	1252	0.47	0.50	693.6	2239	0.53	*5	25.1	20.89	13.87	9.08	*0.00
Roll, dinner,wh.wheat Galassos	1 each	720	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
SALAD 3/WAY, '23	servings	720	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
Pears, In Extra Light Syrup PS	serving	720	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			546	60	1560	2.63	1.77	1094.0	5039	6.96	*27	37.75	61.57	17.39	10.59	*0.00
% of Calories											*20.1%	27.6%	45.1%	28.6%	17.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			571	63	1218	5.81	2.65	612.2	2448	40.83	*36	30.54	74.67	16.91	5.86	*0.00
											*56.3%	21.4%	52.3%	26.6%	9.2%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	571		550 - 650	100%				
Cholesterol (mg)	63							
Sodium 1 (mg)	1218		1230	99%				
Sodium 1a (mg)	1218		1110	110%			108	Correction Required - Sodium too High
Fiber (g)	5.81							
Iron (mg)	2.65							
Calcium (mg)	612.2							
Vitamin A (IU)	2448							
Sugars (g)	36	25.02%			Missing			
Vitamin C (mg)	40.83							
Protein (g)	30.54	21.38%						
Carbohydrate (g)	74.67	52.27%						
Total Fat (g)	16.91	26.64%	<=30.00%					
Saturated Fat (g)	5.86	9.23%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/13/2025																
PRESCHOOL	Total	1000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
CARROT, Sticks '24	1/2 Cup	1000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	1800	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			518	70	752	10.67	1.92	445.1	10992	17.03	49	28.21	85.49	8.08	2.09	*0.00
% of Calories											38.2%	21.8%	66.1%	14.0%	3.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 01/14/2025																
PRESCHOOL	Total	720														
Popcorn Chlcken-Wh.Grain 2021	Serving	720	207	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	2.00	0.00
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			531	62	1096	8.06	1.71	549.3	919	11.24	*36	28.30	77.47	14.16	3.67	*0.00
% of Calories											*26.8%	21.3%	58.3%	24.0%	6.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 01/15/2025																
PRESCHOOL	Total	1000														
Spagh.w/Meat &Noodle '23	3/4 CUP	900	304	47	778	7.22	4.25	49.2	615	10.57	*4	21.47	38.34	8.95	2.98	*0.00
SALAD 3/WAY, '23	servings	900	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
GRAPES,Fresh	serving	900	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	900	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	900	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			515	61	969	7.47	4.35	391.3	3128	18.47	*32	29.08	66.79	17.47	5.28	*0.00
% of Calories											*24.9%	22.6%	51.9%	30.5%	9.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/16/2025																
PRESCHOOL	Total	1000														
BURRITO,TKY BEAN & CHSE-2 017	SERVING	1000	453	25	609	10.87	*3.62	*299.7	273	*1.58	*4	21.95	58.45	15.36	4.93	*0.00
FRUIT MIX, Extra Light Syt PS	serving	1000	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
JICAMA STICKS PS	Serving	1000	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			625	40	761	12.87	*3.80	*649.7	876	*8.18	*26	30.95	84.45	17.86	6.43	*0.00
% of Calories											*16.8%	19.8%	54.0%	25.7%	9.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 01/17/2025																
PRESCHOOL	Total	720														
Nacho Delx W/ 3bnCHILI,chz '24	SERVING	720	461	30	518	9.27	5.09	313.5	799	3.32	*2	14.99	50.89	21.75	8.04	*0.00
CELERY STICKS	serving	720	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			694	51	868	12.48	5.44	722.3	1684	129.38	*23	25.05	77.22	31.98	10.85	*0.00
% of Calories											*13.5%	14.4%	44.5%	41.5%	14.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			577	57	889	10.31	*3.44	*551.5	3520	*36.86	*33	28.32	78.28	17.91	5.66	*0.00
											*52.0%	19.6%	54.3%	28.0%	8.8%	*0.0%

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	577		550 - 650	100%														
Cholesterol (mg)	57																	
Sodium 1 (mg)	889		1230	72%														
Sodium 1a (mg)	889		1110	80%														
Fiber (g)	10.31																	
Iron (mg)	3.44					Missing												
Calcium (mg)	551.5					Missing												
Vitamin A (IU)	3520																	
Sugars (g)	33	23.13%																
Vitamin C (mg)	36.86					Missing												
Protein (g)	28.32	19.64%																
Carbohydrate (g)	78.28	54.30%																
Total Fat (g)	17.91	27.95%	<=30.00%															
Saturated Fat ¹ (g)	5.66	8.84%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/21/2025																
PRESCHOOL	Total	720														
Ch-Burger w/WhWheat Bun-201 5EL	1 EACH	720	295	46	730	3.40	3.23	166.0	163	0.0	5	22.09	31.5	10.3	3.75	*0.00
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			563	61	1425	8.83	4.50	560.2	956	125.05	*33	35.29	80.91	13.13	5.31	*0.00
% of Calories											*23.3%	25.1%	57.4%	21.0%	8.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/22/2025																
PRESCHOOL	Total	1000														
Penne, Alfredo, Chicken CK '23	3/4 CUP	1000	201	35	521	6.36	1.19	157.3	90	0.77	*1	15.62	22.56	4.89	1.70	*0.06
CELERY STICKS 2021	1/2 Cup	1000	10	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	1000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			467	56	873	8.46	1.65	570.0	1024	7.20	*33	26.31	57.90	15.47	4.62	*0.06
% of Calories											*28.0%	22.5%	49.6%	29.8%	8.9%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/23/2025																
PRESCHOOL	Total	1000														
PIZZA,Chse,Wh.Gr4X6-'23	1 EACH	1000	300	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	5.00	0.00
SALAD 3/WAY, '23	servings	1000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
Pears, Fresh sliced PS .25 cup	serving	2500	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			517	43	667	6.88	2.74	633.0	2823	9.67	31	26.25	65.12	17.44	7.16	*0.00
% of Calories											24.1%	20.3%	50.4%	30.3%	12.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/24/2025																
PRESCHOOL																
RAVIOLI, WG CHEESE-'24	Total	1000														
bread, stick '23	Serving	1000	339	77	856	4.36	3.86	321.1	908	13.06	*6	23.09	44.89	9.37	4.05	*0.00
BROCCOLI,raw: fresh	1 each	1000	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
APPLES,Fresh sliced 2017 2oz	Serv. 1/2	1000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
DRESSING, RANCH 1oz. '23	c Veg															
MILK,1% DW 2024	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			677	99	1255	8.52	5.81	720.8	1739	176.07	*28	34.88	86.81	22.62	7.37	*0.00
% of Calories											*16.8%	20.6%	51.3%	30.1%	9.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			556	65	1055	8.18	3.67	621.0	1635	79.50	*31	30.68	72.69	17.17	6.12	*0.01
											*50.6%	22.1%	52.3%	27.8%	9.9%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	556		550 - 650	100%				
Cholesterol (mg)	65							
Sodium 1 (mg)	1055		1230	86%				
Sodium 1a (mg)	1055		1110	95%				
Fiber (g)	8.18							
Iron (mg)	3.67							
Calcium (mg)	621.0							
Vitamin A (IU)	1635							
Sugars (g)	31	22.49%			Missing			
Vitamin C (mg)	79.50							
Protein (g)	30.68	22.07%						
Carbohydrate (g)	72.69	52.30%						
Total Fat (g)	17.17	27.79%	<=30.00%					
Saturated Fat (g)	6.12	9.90%	<10.00%					
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 1

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/27/2025																
PRESCHOOL	Total	1000														
TACO GRANDE, TURKEY-2022	1 EACH	1000	381	55	508	2.00	*1.80	*100.0	12	*0.0	*2	21.38	33.49	18.93	7.24	0.00
BEANS, PINTO SEASONED-2012	1/2 CUP	1000	84	0	217	3.70	1.31	34.7	145	3.13	*1	5.06	15.21	0.33	0.06	*0.00
APPLES, Fresh 2017 PS .25 CUP	SERVING	1000	14	0	0	0.65	0.03	1.6	15	1.25	3	0.07	3.76	0.05	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			598	70	875	6.35	*3.14	*486.3	672	*4.38	*20	35.50	66.46	21.80	8.80	*0.00
% of Calories											*13.3%	23.7%	44.4%	32.8%	13.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 01/28/2025																
PRESCHOOL	Total	1000														
TERIYAKI BEEF DUNKERS	SERVING (4each)	1100	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	1000	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00
BROCCOLI, raw: fresh	Serving	1300	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
BANANAS	1 EACH	1300	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			528	59	724	6.69	2.96	401.7	995	62.88	*41	29.79	80.27	11.27	4.61	0.00
% of Calories											*31.1%	22.5%	60.8%	19.2%	7.9%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 01/29/2025																
PRESCHOOL	Total	720														
TURKEY GRAVY -2022	3/8 CUP	720	148	45	755	0.04	1.41	15.6	3	0.6	*0	18.21	6.29	5.02	1.65	*0.00
POTATO, MASHED, IDAHO REAL 2020	Servings	720	23	0	91	0.26	0.08	8.6	1	0.0	0	0.52	4.65	0.13	0.00	0.00
Roll, dinner, wh. wheat Galassos	1 each	720	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
SALAD 3/WAY, '23	servings	720	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
GRAPES, Fresh	Serv. (1/2 Cup)	720	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			519	67	1294	2.38	3.06	457.6	2874	10.56	*34	32.55	62.75	16.61	4.54	*0.00
% of Calories											*26.0%	25.1%	48.3%	28.8%	7.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 01/30/2025																
PRESCHOOL	Total	720														
ENCHILADA,SCRATCH,beef24c	1 Ser(25 ct	720	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
t '22																
SALAD 3/WAY, '23	servings	720	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	720	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			494	69	686	3.89	1.61	641.2	3541	58.64	*25	24.93	45.82	24.60	9.59	*0.17
% of Calories											*20.3%	20.2%	37.1%	44.8%	17.5%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 01/31/2025																
PRESCHOOL	Total	1000														
Bean and cheese Pupusa '24	1 each	1000	290	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	3.50	0.00
JICAMA STICKS	Serving	1000	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			469	30	630	9.00	1.62	560.0	560	135.60	22	22.00	63.00	13.50	5.00	0.00
% of Calories											18.8%	18.8%	53.7%	25.9%	9.6%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			522	59	842	5.66	*2.48	*509.4	1729	*54.41	*28	28.95	63.66	17.56	6.51	*0.03
											*48.9%	22.2%	48.8%	30.3%	11.2%	*0.1%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	522		550 - 650	95%				28										Correction Required - Calories are Low
Cholesterol (mg)	59																	
Sodium 1 (mg)	842		1230	68%														
Sodium 1a (mg)	842		1110	76%														
Fiber (g)	5.66																	
Iron (mg)	2.48					Missing												
Calcium (mg)	509.4				Missing													
Vitamin A (IU)	1729																	
Sugars (g)	28	21.72%																
Vitamin C (mg)	54.41					Missing												
Protein (g)	28.95	22.19%																
Carbohydrate (g)	63.66	48.80%																
Total Fat (g)	17.56	30.28%	<=30.00%															Correction Required - Total Fat too High
Saturated Fat (g)	6.51	11.22%	<10.00%															Correction Required - Sat. Fat too High
Trans Fat ¹ (g)	0.03	0.06%				Missing												

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